

Retirement and Life (退休與養生)

Date: 2 March 2018 (Friday)

Time: 2:30 – 4:30 pm

Venue: Room FJ304, 3/F, Core F, Main Campus, PolyU

Speaker: Ir Peter Mok, Adjunct Professor of Department of Building and Real Estate



Ir. Peter Mok is a graduate of Hong Kong Technical College (now PolyU) and one of awardees of Outstanding BRE Alumni Award in 2012. After he retired, he started off a new chapter of joy and wonders. In the talk, he will share his experience in facing the changes from busy work life to happy retirement. For those who are planning retirement, you may get more ideas in the talk. Please register [here](#).